

LAINSTON HOUSE

Rosie  
NIXON



# ROSIE'S REINVENTION RETREAT

Reinvent your writing journey; A writer's retreat with Rosie Nixon

12th - 14th May 2025

Woodman Lane, Sparsholt  
Winchester, Hampshire SO21 2LT  
[exclusive.co.uk/lainston-house](http://exclusive.co.uk/lainston-house)



Certified



Corporation





## WRITE YOUR NEXT CHAPTER:

A creative escape to unlock your storytelling potential

Do you have a novel in you? Let Lainston House in Hampshire—a luxurious country house hotel set amid landscapes that inspired literary legend Jane Austen—be the place where your story begins.

Join Rosie Nixon, acclaimed author, coach, and former HELLO! Editor-in-Chief, for a two night, three day retreat designed to spark your creativity. Whether you're a complete beginner, deep into a manuscript, or brimming with ideas, this retreat offers expert-led workshops and time to focus on your craft.

Celebrated novelist and writing tutor Jill Dawson will guide you on creating compelling characters, plotting storylines, and crafting vivid dialogue. Literary Agent Jenny Savill will share practical advice on securing representation and getting your work published. Each expert will also be available for one-to-one sessions to offer personalised guidance.

In the peaceful countryside of Lainston House—where historic charm meets modern luxury—you'll find the perfect setting to let your words flow. From scenic walks to exquisite dining and serene surroundings, this retreat promises to reinvigorate your creative spirit and help you write your next chapter.



## Your host and expert Rosie Nixon

Rosie Nixon is a seasoned author and coach with a deep passion for guiding individuals to rediscover their creativity and embrace new opportunities. Through her Reinvention Retreats, she provides midlife women with a nurturing space to ignite confidence, explore fresh avenues, and tap into their true potential. Whether focused on writing, business, or personal growth, Rosie's retreats are designed to help you break free from the ordinary and create a life full of purpose and fulfillment.

# MONDAY 12TH MAY

## 11:00am – Welcome

Arrive at Lainston House and leave your bags with the team before heading to the Drawing Room. Here, you'll enjoy a welcoming coffee as you meet your fellow guests and begin to relax into your retreat. Bedrooms will be ready from 3pm.

## 12:00pm – Introductions and goal-setting with Rosie

Rosie will introduce the retreat, outlining the journey ahead. You'll set personal goals for your time here and sign up for your 1-1 chats with the team, paving the way for a focused and inspiring experience.

## 1:00pm – Lunch

Enjoy a light buffet lunch while getting to know your fellow guests. It's the perfect time to share your writing ambitions and start forging connections that will enhance your creative journey.

## 2:30pm – Crafting your writing

In a private room, Jill Dawson will lead the first session, exploring the core themes of your writing journey. Dive into the heart of character development as you get to know your main character more intimately.

## 4:00pm – 1-1 Sessions and writing time

Take the opportunity for a 20-minute one-to-one session with Rosie, Jill, or Jenny to discuss your specific writing project. Afterward, enjoy some quiet time to reflect and work on your writing.

## 6:00pm – Optional cooking class or more writing time

Take a break from the writing and join an optional cooking class at Season cookery school outside kitchen for a burst of culinary inspiration. Alternatively, stay in the flow and enjoy more uninterrupted writing time.

## 7:00pm – Drinks, canapés and dinner

End your first day with a relaxed and intimate evening. Share drinks, canapés, and a delicious three-course dinner, exchanging insights and experiences with your fellow writers.

# TUESDAY 13TH MAY

## From 7:00am – Breakfast at leisure

Start your day at your own pace with a relaxing breakfast, allowing you to enjoy a moment of calm before diving into the creative process.

## 10:00am – Building your world: Minor characters & setting

Jill will guide you in developing your supporting characters, including your nemesis, and how they interact with your protagonist. You'll explore how these characters shape your story and propel the plot forward. Plus, learn how to craft immersive settings and places that enhance your narrative, adding depth, atmosphere, and a sense of place to your writing.

## 11:30am – Coffee break

Enjoy a refreshing break with tea, coffee, fruit, or homemade treats as you mingle with fellow writers.

## 11:45am – Crafting dialogue: Finding your characters' voice

Jill will guide you through the intricacies of writing authentic dialogue and discovering the unique voice of each character. Explore how to make your characters' conversations feel true to their personalities, ensuring that their interactions drive the plot and reveal deeper emotional layers within the story.

## 1:00pm – Lunch

A delicious buffet lunch while continuing your conversations with fellow guests and exchanging insights.

## 2:00pm – Getting an agent and publishing your novel

Jenny will provide invaluable advice on securing an agent, understanding your audience, and navigating the publishing world. She'll share practical tips and insider knowledge on how to get your novel noticed and build meaningful connections within the industry. Gain insights into the submission process, and learn how to effectively pitch your work to agents and publishers.

## 3:00pm – Promoting yourself as an author

Learn how to build your personal brand and elevate your presence on social media with Rosie's expert tips. She'll show you how to promote yourself, your writing, and connect with readers. Rosie's guidance will help you create an online presence that resonates, establishes your author identity, and drives engagement across platforms, ensuring your work reaches its full potential.

## 3:30pm – Free time to write and afternoon refreshments

Take some time to focus on your writing, with afternoon refreshments available to keep you refreshed and inspired.

## 5:30pm – In conversation: Rosie talks with Jessica Bull

Join Rosie for an engaging fireside chat with Jessica Bull, author of *Miss Austen Investigates*. Discuss writing, inspiration, and historical fiction, followed by pre-dinner drinks to reflect on the day's insights and connect with fellow writers in a relaxed setting.

## 7:00pm – Dinner in The Wellhouse

Enjoy a delicious feasting menu, paired with wine, as you continue to share experiences and connect with your fellow writers.

# WEDNESDAY 14TH MAY

## 7:00am – Breakfast at leisure

Enjoy a relaxed breakfast at your own pace before the final day of the retreat.

## 10:00am – Structure: Your plot and narrative

Explore the essentials of plot, narrative arcs, and structure to create compelling stories.

Jill will guide you through the process of building a solid foundation for your novel.

## 11:30am – Coffee break and check-out

Take a moment to refresh with tea, coffee, and a homemade treat while checking out of your room.

## 12:00pm – Editing, rewriting and preparing your pitch

Refine your manuscript with expert editing and rewriting techniques. Led by Jill, you'll learn how to polish your work, enhance your writing, and craft the perfect pitch to present to agents and publishers.

## 1:00pm – Lunch

Enjoy a light, nourishing lunch while sharing insights with fellow writers.

## 2:00pm – Pitch to the agent

Put your skills to the test with a pitch session led by Jenny. She'll offer tips on delivering a strong pitch to agents and provide feedback to enhance your submission.

## 3:00pm – A plan of action

Reflect on your writing journey and create a roadmap for moving forward. With guidance from Rosie, Jill, and Jenny, you'll develop a clear plan to continue progressing. This uplifting session will inspire you to keep going, leaving you motivated, ready for the next steps, and excited to celebrate your achievements from the retreat.

## 4:00pm – Until we meet again...

As the retreat comes to a close, reflect on the transformative experience and the progress made. Depart with new insights, renewed inspiration, and lasting connections from your time here.





# THE DETAILS

The retreat is:

Monday 12th - Wednesday 14th May 2025

What will your stay include:

## Monday

- A full day of discussion and tuition with Rosie, Jill and Jenny
- Refreshments on arrival
- A light buffet lunch with water and soft drinks
- Time to write
- An hour's cookery class in Season
- Drinks reception with canapés
- Three-course group dinner with wine and soft drinks
- Luxury overnight accommodation

## Tuesday

- A full day of discussion and tuition with Rosie, Jill and Jenny
- A talk with Jessica Bull
- Breakfast in our restaurant
- Refreshments throughout the day
- A light buffet lunch with water and soft drinks
- Time to write
- Feasting menu group dinner with wine and soft drinks
- Luxury overnight accommodation

## Wednesday

- A full day of discussion and tuition from Rosie, Jill and Jenny
- Breakfast in our restaurant
- Refreshments throughout the day
- A light buffet lunch with water and soft drinks

**£1,500 per person**

Rooms are based on single occupancy

[Click here to book](#) or call 01962 776088

Stay an extra night:

Why not arrive the night before and get a good rest before the busy days ahead? Or stick around a little longer after the group activities wrap up - no need to rush off. Better yet, do both and make the most of the whole experience! Extra nights from £280 B&B.

